

CONSIDER VIVITY

If you want to save money while getting superior medical care, consider our lowest-premium medical plan option — the Vivity HMO. With Vivity, Anthem has partnered with a number of top hospital systems in Los Angeles and Orange counties, all with hospitals ranked in the top 30 in Los Angeles and Orange counties by U.S. News & World Report Best Hospitals 2014–2015:

- Cedars-Sinai
- Good Samaritan
- Huntington Memorial
- Marina Del Rey Hospital
- MemorialCare Health System
- PIH Health
- Torrance Memorial
- University of California–Los Angeles (UCLA) Health.

WHY CHOOSE THE VIVITY HMO?

Vivity is a great experience

- Pay the lowest premiums.
- Lowest out-of-pocket limit by a significant amount.
- To receive care at Cedars-Sinai, be sure to choose a Cedars-Sinai PCP in the CSMG (Cedars-Sinai Medical Group) or CSHA (Cedars-Sinai Health Associates).
- Pharmacy network is among the largest in California (includes CVS, Target, Vons, Walgreens, Rite Aid, Ralphs, Horton & Converse and more).
- Enhanced customer care and tools to make accessing services easier.

Vivity is all about quality

- Improved onboarding experience.
- Best practice adoption.
- Flexible, cross-system referrals; if there isn't an appropriate specialist in your PCP's medical group, your PCP may refer you to a specialist at another Vivity health system (when a special expertise is needed).
- Development of IT infrastructure to support enhanced care.
- Availability of clinical records to all Vivity doctors.
- Shared clinical and administrative support whose goal is to improve quality and efficiency of care.

Vivity is about control

- Choose your own doctor from the top-notch Vivity network.
- Together, you and your doctor create a personal care plan for healthy living.
- You choose the tools and programs to support your plan.

Vivity is about access

- “After-hours” care at most doctors’ offices and medical groups.
- LiveHealth Online allows you to see an Anthem physician through a private video visit using your smartphone, tablet or computer — for \$0 copay.
- 24/7 NurseLine gives toll-free access to nurses to help you make informed decisions and decide whether to see your doctor or go to the ED.
- Pharmacy retail locations across Los Angeles and Orange County or prescriptions delivered to your door.
- Mobile Health Consumer provides access to health assessments, biometric tracking, fitness challenges, health interventions and more tools.

HMO COMPARISON | JULY 1, 2018–JUNE 30, 2019

	Vivity HMO	Blue Cross HMO	
Where available	L.A. and Orange counties only	California only	
PCP required?	Yes	Yes	
	Vivity HMO Network	CSMG or CSHA PCP	Any other CaliforniaCare HMO Network PCP
Access to Cedars-Sinai care?	CSMG or CSHA PCP: Yes Other PCPs: No	Yes	No
Out-of-pocket limit Per calendar year	\$500/person \$1,500/family (medical and Rx combined)	\$500/person \$1,500/family (medical only)	\$500/person \$1,500/family (medical only)
Office visit MD/professional	PCP: \$20/visit* Specialist: \$35/visit*	PCP: \$20/visit* Specialist: \$35/visit*	PCP: \$30/visit* Specialist: \$45/visit*
Preventive care	\$0	\$0	\$0
Urgent care center	\$20/visit*	\$20/visit*	\$30/visit*
Emergency Department Copay/charges waived only if admitted	At Cedars-Sinai: \$50/visit (copay not waived unless admitted) Anywhere else: \$100/visit	At Cedars-Sinai: \$50/visit (copay not waived unless admitted) Anywhere else: \$100/visit	At Cedars-Sinai: \$50/visit (copay not waived unless admitted) Anywhere else: \$100/visit

*Cedars-Sinai charges waived, including deductibles; provider charges may apply.

MONTHLY MEDICAL BENEFIT PREMIUMS | JULY 1, 2018–JUNE 30, 2019

Rates Comparison for HMO plans	Employee	Employee + Spouse/ Domestic Partner	Employee + Children	Employee + Family
Pay rate under \$20.00				
Vivity HMO	\$6	\$32	\$22	\$62
Blue Cross HMO	\$45	\$84	\$72	\$123
Pay rate \$20.00–\$34.99				
Vivity HMO	\$22	\$49	\$40	\$85
Blue Cross HMO	\$60	\$102	\$90	\$148
Pay rate \$35.00–\$59.99				
Vivity HMO	\$45	\$83	\$70	\$121
Blue Cross HMO	\$84	\$137	\$122	\$184
Pay rate \$60.00 or more				
Vivity HMO	\$77	\$122	\$109	\$199
Blue Cross HMO	\$118	\$178	\$163	\$265

HOW TO ENROLL IN THE VIVITY HMO

1. Go to the Benefits Portal at Cedars-Sinai.MyBenefitChoice.com and click on View Your Benefits to enter the Benefits Enrollment Site.
2. If it is your first visit, you'll need to register for a private account to protect your personalized information. Your user name is your employee ID number. The company key is CSHS.
3. Click Enroll Now, then choose a navigation option.
4. When you get to the Medical section, enter the dependents you wish to cover.
5. Under Select A Plan, select the plan you want to enroll in.
6. If you enroll in the Vivity HMO, you'll be taken to the Primary Care Provider Selection page. Here, you can designate a PCP for each covered family member (or you can do it later).

Current Mode
Choose my own path

Enrollment Period
Future
• OPEN ENROLLMENT

Summary of Benefits
Personal Info
Dependents
Medical
Dental
Vision
Health Care Reimbursement Account
Dependent Care Reimbursement Account
Life Insurance
Accidental Death and Dismemberment
Disability
Beneficiaries
Legal Plan
Health Fund
Pet, Auto & Home Insurance
Upload Documents
Confirmation

MEDICAL PRIMARY CARE PROVIDER SELECTION

You are enrolling in a plan that requires you to select a Primary Care Provider (PCP) for each person enrolled. You may select a different PCP for each covered family member.

Dependents	Relationship	PCP Code	Existing Patient
Amela Luciano	Self	<input type="text"/>	<input type="checkbox"/>
PHIL PLANK	Domestic Partner	<input type="text"/>	<input type="checkbox"/>

Go Back Continue

HELPFUL TIPS

Click [here](#) to find the PCP code for a Cedars-Sinai Medical Group or Cedars-Sinai Health Associates PCP.

Click [here](#) to find the PCP code for other Blue Cross HMO (California Care) and for Vivity Premier HMO PCPs.

If you do not fill in the PCP provider, Anthem will make a default assignment to a PCP close to your home address. You may change your PCP anytime by contacting Anthem.

Once you have looked up the provider code, take the following action:

- Fill in the provider code in the PCP Code box.
- If you do not fill in the PCP provider, Anthem will make a default assignment to a PCP close to your home address. You and your family members will be automatically assigned to a PCP in the Cedars-Sinai Medical Group or Cedars-Sinai Health Associates. After that, PCP changes must be made by either going to the Anthem HMO website or calling their customer service number.
- Click Continue when you are done.

Anthem Blue Cross:
Phone: 800-227-3641 (Blue Cross HMO and Vivity HMO)
Web: [Anthem.com/CA](#)

Look up the provider PCP Code under Helpful Tips. (Call the MBC HR Employee Benefits Help Desk if you need help.)

Fill in the provider code in the PCP Code box.

Click Continue when done.

Questions? Contact the MBC HR EMPLOYEE BENEFITS HELP DESK

- For help using the enrollment website.
- If you don't have access to a computer.
- To get answers to general benefit questions.

Phone: 888-302-3941

Fax: 206-299-3158

Email: MBC.cshs@milliman.com

Web: Cedars-Sinai.MyBenefitChoice.com

Open: Monday-Friday 6 a.m.-5 p.m. (PT)
(Closed major holidays)