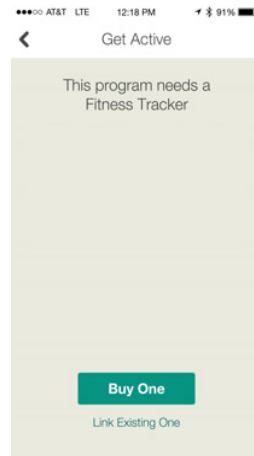


JOIN IN THE JIFF FUN! ENROLL TODAY

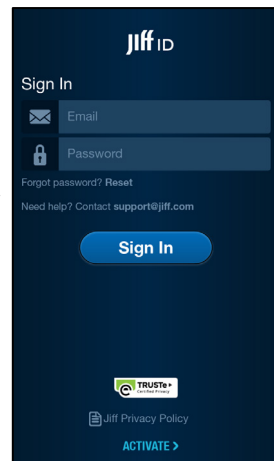
8. Many Jiff programs require a tracking device (Fitbit, Misfit, Withings, Garmin or the Health app on the iPhone).

You can link a tracker you already have, purchase a new one at a discounted price in the Jiff Store or use a free tracker available online. The Jiff app will guide you through the options.



9. That's it! You're ready to start participating, getting healthier and earning great rewards.

From now on when you visit the Jiff app, choose "Sign In" and enter your email and address from Step 2. (You'll never have to Activate Account again.)



With Jiff, wellbeing is simple and good for you. Jiff's fun, mobile-based program helps Cedars-Sinai employees work towards health goals while earning HealthFund dollars and other great rewards. Here's your step-by-step enrollment guide.

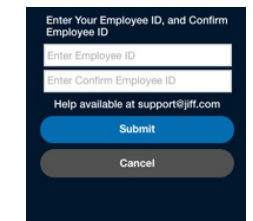
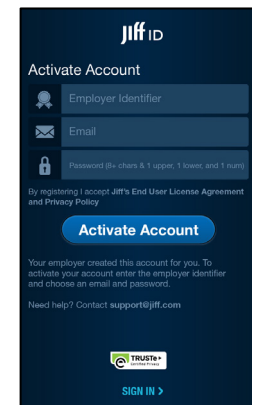
1. Download the **Jiff - Health Benefits app** from the [Google Play store](#) or [Apple App Store](#).

If you don't have access to a smartphone, participate on the Jiff website at app.jiff.com.



2. To **Activate Account**, enter:

- Jiff Token: **good4you**
- Your email address (use the email you use most; it doesn't have to be your Cedars-Sinai email)
- Password that you create (8 or more characters, with at least one upper-case letter, one-lower case letter and one number)
- On the next screen, enter your Cedars-Sinai Employee ID and Date of Birth



JIFF ENROLLMENT GUIDE

