

# DENTAL BENEFITS

Your dental plan options are similar to your medical plan options: the DeltaCare USA plan, which is an HMO-type plan, or the Delta Dental PPO plan. The table below shows your out-of-pocket charges for covered dental care.

## DeltaCare USA

- When you enroll, you select a primary dentist from the DeltaCare USA network.
- You must see your primary dentist for all basic dental care. If you need specialty dental care, you must get a referral from your primary dentist. Otherwise, the dental care is not covered by the plan.
- There is no annual deductible or annual plan limit (except for orthodontia).  
This plan pays 100% of preventive care and for most other services, you pay a copay.

## Delta Dental PPO

- You can see any licensed dentist or dental specialist.
- You pay less out of pocket if you see a Delta Dental PPO dentist.
- You must pay the annual (calendar-year) deductible and a percentage of the charge for covered dental services. The plan has an annual maximum amount it will pay.

Dental Plan Options	DeltaCare USA	Delta Dental PPO
Type of plan	Dental Maintenance Organization	Preferred Provider Organization
Where available	Only if you live in California	Anywhere in the U.S.
Primary dentist required?	Yes	No
Calendar-year benefit limit	None	\$2,000/person
Calendar-year deductible	None	\$50/person \$150/family  No deductible for preventive, diagnostic or orthodontia
Preventive and diagnostic <i>Check-ups, X-rays, cleanings, etc.</i>	No copay	Delta Dental PPO dentist: 0% Delta Dental dentist: 0% Other dentist: 0%*
Basic services <i>Fillings, extractions, etc.</i>	No copay for most services	Delta Dental PPO dentist: 10% Delta Dental dentist: 20% Other dentist: 20%*
Major services <i>Crowns, bridges, etc.</i>	Copay for most major services  See benefit booklet for details	Delta Dental PPO dentist: 40% Delta Dental dentist: 50% Other dentist: 50%*
Orthodontia <i>For adults and children</i>	\$1,600 to \$1,800 copay, plus \$350 start-up fee	Delta Dental PPO dentist: 50% Delta Dental dentist: 50% Other dentist: 50%* to \$1,800 lifetime maximum

\* Delta Dental PPO and Delta Dental dentists won't charge more than the percentage shown above for covered dental services. If you see a non-Delta Dental ("Other") dentist, you'll have to pay the difference between the amount Delta Dental pays and the amount the non-Delta Dental dentist charges.

### Questions about what's covered?

Visit the website (both plans): [deltadentalins.com](https://deltadentalins.com)

Call customer service      phone number | group number:

- DeltaCare USA (HMO)      800-422-4234 | 75012
- Delta Dental PPO      888-335-8227 | 05356

## DENTAL BENEFITS (continued)

### DELTA DENTAL TOOLS AND SERVICES

These tools and services are available to employees and their family members enrolled in a Cedars-Sinai sponsored Delta Dental plan.

#### VIRTUAL CONSULT: ONLINE DENTIST VISITS

When you have an urgent dental care issue like pain or a cracked tooth, Virtual Consult allows you to have a video appointment with a Delta Dental network dentist. Dentists provide quick, real-time consultations, write prescriptions and provide after care instructions for pain or infection.

Visit [deltadentalvirtualconsult.com](https://deltadentalvirtualconsult.com) for more information and to sign up.

#### TOOTHPIC: REMOTE DENTAL ASSESSMENTS

Toothpic offers an innovative way to get a virtual dental assessment from the comfort of home.

- After registering on the website, you will begin by answering a few short questions about your oral history and the reason for your visit.
- Toothpic then helps you take six photos of your teeth, gums and any area of concern using a mirror and smartphone in a brightly lit room.
- In under 24 hours, you'll receive a personalized dental report highlighting areas of concern with next steps and possible treatments.

This program is not recommended for individuals who prefer to visit their dentist regularly (every six months) for a routine check-up and cleaning. Using this remote action will count as one of your two routine annual check-ups. Any deductibles, coinsurance, calendar-year limits and frequency limits apply.

#### To get started:



1. Scan this QR code with your smartphone or visit: [deltadental.toothpic.com](https://deltadental.toothpic.com)
2. Click on Register Now to create an account.
3. Log in and get started.

#### BRUSHSMART: ORAL HEALTH WELLNESS PERKS

Brushing and flossing regularly is the best way to strengthen your teeth, fight cavities and plaque and prevent gum disease.

Delta Dental's new BrushSmart program is here to help you improve your dental care routine with perks like a 20% discount on Sonicare products, personalized solutions for special dental needs and more. You're eligible if enrolled in a Delta Dental plan.

Sign up at: [brushsmart.org](https://brushsmart.org)

### Monthly Dental Benefit Premiums: July 1, 2023–June 30, 2024

	Employee Only		Employee and Spouse/ Domestic Partner		Employee and Child(ren)		Employee and Family	
	You Pay	Cedars-Sinai Pays	You Pay	Cedars-Sinai Pays	You Pay	Cedars-Sinai Pays	You Pay	Cedars-Sinai Pays
DeltaCare USA (HMO)	\$5.00	\$10.41	\$10.00	\$16.45	\$7.00	\$19.64	\$12.00	\$26.39
Delta Dental PPO	\$21.00	\$33.88	\$33.00	\$63.84	\$28.00	\$80.90	\$60.00	\$94.29